

Top 10 times- Thru State Meet (** = F.A.T time adjusted to Hand Held subtract .24- round up) Lincoln High Girls Sprinters- 2013 track season

100 meters

R. Kott**	12.0
S. Murray	12.7
M. Haas	12.9
L. Yoway	12.9
L. Magnuson	13.0
S. Torgrude	13.1
M. Kelly	13.4
M. Loe	13.6
N. McConnell	13.7
A. Geddes	13.8

200m /open

R. Kott	25.7
S. Murray**	26.3
L. Magnuson	26.5
T. Lackay	27.6
M. Haas	27.8
L. Yoway	27.9
S. Torgrude	28.1
E. Leach	28.2
Ma. Kelly	28.3
A. Uthe	28.4

400m/open

R. Kott	61.3
E. Leach	61.5
T. Lackay	62
E. Nykamp	63.5
S. Metz	63.6
B. Infield	64.1
A. Uthe	64.5
Bk. Forsman	65.2
M. Fehrs	65.3
K. Grady	66.5

4x100 relay

Kott-Yoway	50.7
Torgrude-Magnuson	
Yoway-Kott	51.3
Torgrude-Haas	
Leach-Metz	52.9
Uthe-Lackay	
Haas-Yoway	53.1
Loe-MaKelly	
Haas-McConnell**	54.9
Jahn-Infield	

4x200 relay

Kott-Lackay**	01:45.1
Murray-Magnuson	
Leach-Metz	01:49.3
Uthe-Lackay	
Kott-Uthe	01:49.3
Murray-MaKelly	
Kott-Haas	01:49.6
Murray-Magnuson	
Haas-Uthe	01:51.8
Murray-MaKelly	

Medley R

Lackay-Metz **	04:27.9
Uthe-MoKelly	
Leach-Metz**	04:29.7
Uthe-Nykamp	
MaKelly-Torgrude**	04:31.0
Uthe-Nykamp	
MaKelly-McConnell	04:32.6
Lackay-Fehrs	
MaKelly-Metz	04:33.5
Uthe-Nykamp	

4x400 relay

Leach-Uthe **	04:10.9
Metz-Lackay	
Lackey-Leach	04:15.1
Nykamp-Metz	
Nykamp-Uthe	04:17.1
Metz-Leach	
Leach-BkForsman	04:22.1
Lackay-Fehrs	
Infield-BkForsman	04:23.4
Fehrs-Nykamp	

200m/split

T. Lackay	25.8
L. Magnuson	25.9
R. Kott	25.9
S. Murray	26.3
E. Leach	26.9
M. Haas	27
S.Metz	27.1
A. Uthe	27.5
K. Gillette	27.5
Ma. Kelly	27.6

400m/split

T. Lackay	61.3
E. Leach	61.9
A. Uthe	62.1
R. Kott	62.2
S. Metz	62.8
E. Nykamp	63.6
B. Infield	65.2
Bk. Forsman	65.7
H. Faris	66.2
K. Gillette	66.6