

Top 10 times- Thru State Meet (** = F.A.T time adjusted to Hand Held subtract .24- round down)

Lincoln High Sprinters- 2015 track season

100 meters

N. Meyers	11.0
B. Furula**	11.1
N. Sudbeck	11.2
B. Large**	11.3
D. Jones	11.4
D. Roach**	11.4
J. Smith**	11.5
N.Jalandra	11.5
C. DeBerg**	11.6
I. Bindert	11.6

200m /open

B. Furula**	22.4
N. Sudbeck**	22.5
I. Bindert**	22.8
N. Meyers	23.7
A. Woods**	23.7
B. Large**	23.7
M. Nelson**	23.8
D. Jones	23.9
C. DeBerg**	24.0
Nave**/Jalandra**	24.1

400m/open

N. Sudbeck**	48.3
I. Bindert**	50.5
A. Moore	51.8
N. Meyers	52.4
E. Weber**	52.4
K. Hurley	52.9
A. Borchert	54.1
F. Legesse**	54.5
N. Leach**	55.9
D. Barrow	56.4

4x100 relay

Large-Meyers**	43.2
Jones-Furula	
Large-Meyers	44.2
Jones- Arntz	
Jones-Sudbeck	44.5
Large-Woods	
Jones-Meyers**	44.9
Large-Smith	
Large-Meyers**	45.1
Sudbeck-Furula	
Smith-Jones	45.1
Large-Furula	

4x200 relay

Bindert-Meyers**	01:30.6
Jones-Furula	
Bindert-Meyers	01:31.4
Woods-Furula	
Sudbeck-Woods	01:31.7
Jones-Furula	
Jones-Sudbeck**	01:31.9
Bindert-Furula	
Jones-Bindert**	01:31.9
Woods-Furula	

Medley R

Bindert-Furula**	03:32.5
Sudbeck-Schroeder	
Jones-Furula**	03:38.2
Bindert-Schroeder	
Jones-Borchert**	03:38.9
Bindert-Peters	
Jones-Sudbeck**	03:39.7
Bindert-Schroeder	
Large-Jones**	03:45.8
Hurley-Lauer	

4x400 relay

Hurley-Moore**	03:25.6
Bindert-Sudbeck	
Bindert-Meyers	03:27.1
Hurley-Sudbeck	
Weber-Hurley**	03:28.9
Moore-Bindert**	
Moore-Furula**	03:29.3
Hurley-Bindert	
Bindert-Weber	03:30.6
Hurley-Sudbeck	

200m/split

B. Furula	21.9
N. Meyers	21.9
D. Jones	22.1
I. Bindert	22.2
A. Woods	22.5
A. Borchert	22.8
A. Moore	23.1
N.Sudbeck	23.2
Large/Nelson	23.6
E. Weber	23.7

400m/split

N. Sudbeck	48.7
I. Bindert	49.9
A. Moore	51.2
K. Hurley	52.2
E.Weber	53.6
A. Borchert	53.7
N. Schroeder	53.8
Furula/Jones	53.9
N. Meyers	54
G. Peters	55.3

800 m

N. Sudbeck	1:55.5
N. Schroeder	1:57.6
W. Lauer	1:59.8
G. Peters	2:02.3
T. Dobson	2:03.6
A. Moore	2:03.7
I. Bindert	2:04.1
A. Rassmssen	2:04.2
D. Loudon	2:04.4
J. Johnson	2:05.7