

Top 10 times- Thru State Meet *converted to FAT Lincoln High Girls Sprinters- 2016 track season
--

100 meters

M. Mohr	12.64
L. Bindert	12.64
M. Kersten	12.92
J. Thomas	12.94
J. Dal	13.04
E. Belhaj	13.44
A. Auen	13.54
T. Sorenson	13.54
K. Myers	13.63
C. Black	13.84

200m /open

M. Mohr	26.10
A. Auen	26.84
J. Thomas	27.24
L. Bindert	27.50
J. Dal	27.76
T. Sorenson	27.77
C. Sudbeck	27.84
Me. Landon	28.24
W. Yohana	28.44
L. Justus	28.64

400m/open

Jas. Cooper	57.94
M. Mohr	59.32
A. Auen	59.44
C. Sudbeck	60.34
L. Bindert	60.93
C. Black	61.94
P. Jenkins	64.34
M. Landon	65.14
A. Dekkenga	67.04
K. Fehrs	67.07

4x100 relay

Thomas-Kersten	49.16
Mohr-Auen	
Thomas-Kersten	49.74
Mohr-Bindert	
Thomas-Kersten	50.54
Bindert-Auen	
Belhaj-Thomas	53.74
Dow-Myers	
Sorenson-Kersten	53.79
Myers-Auen	

4x200 relay

Bindert-Auen	1:44.79
Dal-Kersten	
Bindert-Auen	1:45.55
Dal-Mohr	
Bindert-Heier	1:45.94
Dal-Kersten	
Thomas-Bindert	1:47.32
Dal-Auen	
Thomas-Heier	1:48.24
Bindert-Mohr	

Medley R

Bindert-Auen	4:05.83
Sudbeck-Cooper	
Thomas-Sorenson	4:14.91
Sudbeck-Bindert	
Thomas-Sorenson	4:19.74
Sudbeck-Huber	
Auen-Black	4:27.20
Sudbeck-Harbaugh	
MeLandon-Sorenson	4:28.24
Bindert-Huber	

4x400 relay

Mohr-Bindert	3:54.83
Auen-Cooper	
Mohr-Sudbeck	4:02.58
Bindert-Cooper	
Bindert-MeLandon	4:03.60
Sudbeck-Auen	
Sudbeck-Auen	4:03.68
Bindert-Cooper	
Bindert-MeLandon	4:04.74
Sudbeck-Cooper	

200m/split

M. Kersten	25.5
L. Bindert	25.7
A. Auen	25.7
M.Mohr	26.1
J. Dahl	26.3
C. Sudbeck	26.4
R. Heier	26.4
E. Belhaj	26.9
T. Sorenson	26.9
J. Thomas	27.0

400m/split

J. Cooper	57.1
M. Mohr	58.6
C. Sudbeck	58.7
A. Auen	59.1
L. Bindert	59.8
R. Heier	61.1
C. Black	62.2
Me. Landon	62.5
W. Yohana	65.9
L. Justus	66.2

800 m

Jas.Cooper	2:13.72
C. Sudbeck	2:17.8
L.Bindert	2:19.46
C. Harbaugh	2:25.0
A. Levesque	2:25.0
S. Huber	2:25.1
Me. Landon	2:29.24
C. Black	2:30.9
P. Jenkins	2:32.34
E. Peters	2:32.6