

## Top 10 times- Thru State Meet

**Lincoln High Sprinters- 2019 track season- Converted to FAT**

### 100 meters

W. Furula	11.06
H. Merkley	11.12
J. Shaw	11.45
A. Martens	11.66
N. Popkes	11.68
A. Sorenson	11.77
C. Muhindo	11.84
A. Blazeovich	11.85
M. Gietzen	11.88
C. Blind	11.93

### 200m /open

W. Furula	23.24
A. Martens	23.25
G. Fischer	23.54
R. Koepke	24.01
M. Gietzen	24.12
C. Muhindo	24.16
J. Schmidt	24.24
S. Barway	24.27
J. Fischer	24.34
N. Popkes	24.44

### 400m/open

G. Fischer	50.69
J. Schmidt	51.52
B. Auen	52.65
I. Sarbacker	52.92
S. Southwick	53.85
C. Muhindo	54.49
A. Martens	55.30
J. Fischer	55.86
R. Graves	58.44
C. Dial	59.24

### 4x100 relay

Merkley-Popkes	43.16
Shaw-Furula	
Sorenson-Popkes	43.67
Shaw-Furula	
Merkley-Martens	43.90
Shaw-Furula	
Sorenson-Gietzen	45.36
Kayee- Blazeovich	
Merkley-Shaw	45.57
Kayee- Furula	

### 4x200 relay

Furula-Schmidt	1:30.88
Koepke-Martens	
Gfischer-Martens	1:31.40
Koepke-Furula	
Gfischer-Schmidt	1:32.30
Koepke-Martens	
Furula-Martens	1:32.77
Gfischer-Popkes	
Gfischer-Martens	1:33.72
Schmidt-Furula	

### Medley R

Koepke-Schmidt	3:41.65
Auen-Fendrich	
Muhindo-Jfischer	3:42.32
Auen-Selliott	
Blazeovich-Jfischer	3:45.91
Auen-Schroeder	
Barway-Blazeovich	3:47.35
Auen-Schroeder	
Blazeovich-Needles	3:48.67
Sarbacker-Schroeder	

### 4x400 relay

Martens-Gfischer	3:26.39
Schmidt- Auen	
Martens-Koepke	3:30.46
Fischer-Southwick	
Koepke-Auen	3:31.89
Sarbacker-Schmidt	
Martens-Auen	3:32.53
Sarbacker-Schmidt	
Fischer-Schmidt	3:32.65
Sarbacker-Auen	

### 200m/split

W. Furula	22.2
A.Martens	22.4
G. Fischer	22.5
R. Koepke	22.6
B. Auen	22.8
J. Schmidt	22.9
C. Muhindo	23
M. Gietzen	23.2
J. Fischer	23.3
Barway/Blazeovich	23.4

### 400m/split

Coach Strand	50.9
G Fischer	50.9
J. Schmidt	51.4
A. Martens	51.5
B. Auen	51.6
S. Southwick	52.3
I. Sarbacker	53.2
R. Koepke	53.2
A. Lauer	55.3
C. Muhindo	56.1
W. VanDenTop	56.2

### 800 m

A. Lauer	S	1:56.8
S. Elliott	S	1:59.6
J. Ellioit	S	2:00.9
G. Fendrich	S	2:02.2
Z. Mendel	S	2:04.3
R. Schroeder		2:04.46
J. Schmidt		2:06.73
S. Dixon	S	2:11.8
B. Auen		2:12.85
R. Baker	S	2:12.9