

2008 SOUTH DAKOTA STATE MEET - BOYS & GIRLS

Friday May 23rd @ Brandon, Saturday May 24th @ HWF

FIELD EVENTS

FRIDAY

10:30 AM	HIGH JUMP - Girls	Mary W. <u>5' 4" 1st</u>	Carley C. <u>4' 10"</u>	Abby H. <u>5' 0" 7th</u>
10:30 AM	LONG JUMP - Boys	Ochan F. <u>20' 5.25"</u>	Anthony M. <u>19' 11.75"</u>	Jeremy R. <u>DNJ</u>
12:30 PM	LONG JUMP - Girls	Mary W. <u>16' 9.25"</u>	Carley C. <u>16' 6"</u>	Megan L. <u>14' 8.25"</u>
2:00 PM	TRIPLE JUMP - Boys	Ochan F. <u>41' 1.5"</u>	Lucas D. <u>41' 1"</u>	Jeremy R. <u>DNJ</u>
4:00 PM	TRIPLE JUMP - Girls	Mary W. <u>33' 11.25"</u>	Carley C. <u>33' 10.75"</u>	Megan L. <u>33' 4"</u>

RUNNING EVENTS

FRIDAY

11:00 AM	100 HH (Pre) - Girls	Nevada S. <u>14.85</u>	Sarah P. <u>16.36</u>	Rachel N. <u>16.25</u>	
11:15 AM	110 HH (Pre) - Boys	Josh J. <u>16.25</u>	Justin A. <u>16.74</u>		
11:30 AM	4x800m RELAY - Girls	Nicole V. <u>2:43.9</u>	Gretchen P. <u>2:39.0</u>	Laura R. <u>2:38.1</u>	Kelsey B. <u>2:30.8</u>
TOTAL TIME		<u>10:33.55</u>			
12:00 PM	100m Dash (Pre)	Lucas T. <u>11.15</u>			
12:10 PM	4x800m RELAY	Anthony M. <u>2:03.7</u>	Dom T. <u>2:00.7</u>	Brett A. <u>2:00.1</u>	Luke H. <u>2:02.2</u>
TOTAL TIME		<u>8:07.00 5th</u>			
12:30 PM	4x200m Relay(Pre)	Nevada S. <u>27.00</u>	Caiti S. <u>26.10</u>	Kelli H. <u>27.40</u>	Karmen N. <u>26.40</u>
TOTAL TIME		<u>1:46.35</u>			
12:45 PM	4x200m Relay(Pre)	Amadu M. <u>23.4</u>	Ross G. <u>22.5</u>	Tony B. <u>22.5</u>	Lucas T. <u>20.9</u>
TOTAL TIME		<u>1:29.65</u>			

BREAK

2:30 PM	4x100 Relay (Pre)	Caiti S. _____	Mary W. _____	Kari P. _____	Karmen N. _____
TOTAL TIME		<u>51.87</u>			
2:40 PM	4x100 Relay (Pre)	Amadu M. _____	Tony B. _____	Houston H. _____	Lucas T. _____
TOTAL TIME		<u>43.87</u>			
3:00 PM	400m Dash (Pre)	Brett A. <u>50.82</u>	Amadu M. <u>51.55</u>		
3:15 PM	300 LH (Pre)	Nevada S. <u>45.70</u>	Sarah P. <u>49.03</u>		
3:30 PM	300IH (Pre)	Justin A. <u>41.77</u>			
3:45 PM	Medley Relay (Pre)	Kari P. <u>28.2</u>	Kelli H. <u>27.3</u>	Saprina R. <u>61.9</u>	Adau B. <u>2:26.8</u>
TOTAL TIME		<u>4:24.26</u>			
4:00 PM	Medley Relay (Pre)	Ross G. <u>23.4</u>	Tony B. <u>22.8</u>	Anthony M. <u>52.0</u>	Adam J. <u>2:02.2</u>
TOTAL TIME		<u>3:40.56</u>			
4:25 PM	800m RUN	Dom T. <u>2:01.32</u>	Ben M. <u>2:05.63</u>	Al H. <u>2:05.61</u>	
4:50 PM	200m Dash (Pre)	Lucas T. <u>22.05</u>	Houston H. <u>23.63</u>	Ochan F. <u>24.01</u>	
5:05 PM	3200m Run - Girls	Kelsey B. <u>DNF</u>			
5:25 PM	3200m Run - Boys	Luke H. <u>9:59.23</u>	Brian W. <u>10:21.59</u>		
5:40 PM	4x400 Relay (Pre)	Caiti S. <u>63.3</u>	Nevada S. <u>60.9</u>	Adau B. <u>64.0</u>	Saprina R. <u>63.4</u>
TOTAL TIME		<u>4:11.69</u>			
6:00 PM	4x400 Relay (Pre)	Ross G. <u>51.9</u>	Tony B. <u>51.0</u>	Adam J. <u>52.0</u>	Brett A. <u>51.3</u>
TOTAL TIME		<u>3:26.22</u>			

2008 SOUTH DAKOTA STATE MEET - BOYS & GIRLS

Friday May 23rd @ Brandon, Saturday May 24th @ HWF

SATURDAY - ALL FINALS

FIELD EVENTS

9:00 AM **SHOT PUT - Girls** Katie H. 34' .5"

RUNNING EVENTS

9:30 AM **100 IH** Nevada S. 14.67 2nd Sarah P. DNQ Rachel N. DNQ

9:45 AM **110HH** Josh J. DNQ Justin A. DNQ

10:15 AM **100m Dash** Lucas T. 11.04 2nd

10:30 AM **4x200m Relay** Nevada S. 25.6 Caiti S. 29.7 Kelli H. 26.7 Karmen N. 27.8

TOTAL TIME 1:49.94 6th

10:50 AM **4x200 Relay** Ross G. 22.2 Brett A. 23.2 Tony B. 22.0 Lucas T. 23.2

TOTAL TIME 1:30.83 1st

11:40 AM **1600m RUN** Dom T. 4:38.35 Luke H. 4:47.87 TJ G. 4:52.49

12:05 PM **4x100 Relay** Amadu M. _____ Tony B. _____ Houston H. _____ Lucas T. _____

TOTAL TIME 44.51 4th

12:20 PM **4x100 Relay** Caiti S. _____ Mary W. _____ Kari P. _____ Karmen N. _____

TOTAL TIME 52.50 5th

12:50 PM **400m Dash** Brett A. 49.55 1st Amadu M. 52.20 8th

1:05 PM **300LH** Nevada S. 45.87 1st Sarah P. 49.83 7th

1:20 PM **300IH** Justin A. DNQ

1:35 PM **Medley Relay** Kari P. 28.2 Kelli H. 28.4 Saprina R. 65.0 Adau B. 2:40.5

TOTAL TIME 4:42.45 8th

1:55 PM **Medley Relay** Ross G. 23.6 Tony B. 22.8 Anthony M. 52.7 Adam J. 2:03.8

TOTAL TIME 3:43.07

2:30 PM **200m Dash** Lucas T. 22.58 1st Ochan F. DNQ Houston H. DNQ

3:00 PM **4x400 Relay** Caiti S. DNF Nevada S. DNR Saprina R. DNR Adau B. DNR

TOTAL TIME DNF

3:20 PM **4x400 Relay** Amadu M. 52.0 Ross G. 52.1 Tony B. 51.0 Brett A. 50.5

TOTAL TIME 3:25.42 1st

MEET INFORMATION

The State Meet is at Brandon Valley High School on Friday and at Howard Wood Field on Saturday. The meet begins at 10:30 AM on Friday and at 9:00 AM on Saturday. On Friday, School District Policy requires everyone who is competing that day to ride out to Brandon on the Bus. We will be loading the bus at 8:45 am with a 9:00 departure. Don't be late! This is the State Meet so be sure to get yourself mentally prepared to run. Get a proper warm up, drink plenty of fluids the day before, and be well rested. We should return to Sioux Falls on Friday around 7:00 PM. On Saturday, since the meet is at Howard Wood Field there will be no bus. Be sure to be out to Howard Wood at least 1 hour and 45 minutes before you compete. Good Luck and Have Fun!