

2010 SOUTH DAKOTA STATE MEET - BOYS

FRIDAY MAY 28th @ BRANDON, AND SATURDAY MAY 29th @ HOWARD WOOD

FIELD EVENTS

30 pts 12th at State.

FRIDAY

10:30 AM	HIGH JUMP	Brett M.	<u>5' 9"</u>		
12:30 PM	SHOT PUT	Greg H.	<u>45' 5"</u>		
2:00 PM	TRIPLE JUMP	Ochan F.	<u>42' 9" 8th</u>	James L.	<u>41' 6.5"</u>
4:00 PM	DISCUS	Greg H.	<u>141' 6" 5th</u>		

SATURDAY

9:00 AM	LONG JUMP	Ochan F.	<u>21' 2" 4th</u>	Damon K.	<u>20' 2.75"</u>
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RUNNING EVENTS

FRIDAY

11:15 AM	110 HH (Pre)	James L.	<u>16.1</u>	Hashim G.	<u>16.8</u>				
12:00 PM	100m Dash (Pre)	Godi	<u>11.1</u>	Houston H.	<u>11.5</u>	KJ G.	<u>11.8</u>		
12:10 PM	4x800m RELAY	Alex H.	<u>2:02.8</u>	Patrick L.	<u>2:01.2</u>	Brett M.	<u>2:07.7</u>	Brian G.	<u>2:03.6</u>
	TOTAL TIME		8:15.0 8th						
12:45 PM	4x200m Relay(Pre)	Godi	<u>22.6</u>	Houston H.	<u>22.6</u>	Zach M.	<u>22.7</u>	Eli S.	<u>22.2</u>
	TOTAL TIME		<u>1:30.0</u>						

BREAK

2:40 PM	4x100 Relay (Pre)	Damon K.	<u> </u>	Ochan F.	<u> </u>	Houston H.	<u> </u>	Godi	<u> </u>
	TOTAL TIME		<u>42.9</u>						
3:00 PM	400m Dash (Pre)	Patrick L.	<u>52.9</u>	Andrew L.	<u>53.8</u>				
3:30 PM	300IH (Pre)	James L.	<u>45.2</u>	Hashim G.	<u>42.0</u>	Damon K.	<u>41.4</u>		
4:00 PM	Medley Relay (Pre)	Zach M.	<u>22.4</u>	Eli S.	<u>22.2</u>	Brett M.	<u>54.0</u>	Alex H.	<u>2:05.5</u>
	TOTAL TIME		<u>3:44.3</u>						
4:25 PM	800m RUN	Justin F.	<u>2:06.9</u>						
4:50 PM	200m Dash (Pre)	Eli S.	<u>23.0</u>	KJ G.	<u>24.0</u>				
5:25 PM	3200m Run	TJ G.	<u>9:54.4 7th</u>	Keegan H.	<u>10:20.2</u>				
6:00 PM	4x400 Relay (Pre)	Godi	<u>51.6</u>	Houston H.	<u>51.8</u>	Brian G.	<u>51.8</u>	Zach M.	<u>51.8</u>
	TOTAL TIME		<u>3:27.4</u>						

SATURDAY - ALL FINALS

9:45 AM	110HH	James L.	<u>DNQ</u>	Hashim G.	<u>DNQ</u>				
10:15 AM	100m Dash	Godi	<u>10.9 4th</u>	Houston H.	<u>DNQ</u>	KJ G.	<u>DNQ</u>		
10:45 AM	4x200 Relay	Godi	<u>22.8</u>	Houston H.	<u>22.6</u>	Zach M.	<u>22.7</u>	Eli S.	<u>22.7</u>
	TOTAL TIME		<u>1:30.8 3rd</u>						
11:20 AM	1600m RUN	Alex H.	<u>4:34.4</u>	TJ G.	<u>4:38.0</u>				
11:55 AM	4x100 Relay	Damon K.	<u> </u>	Ochan F.	<u> </u>	Houston H.	<u> </u>	Godi	<u> </u>
	TOTAL TIME		<u>DNF - Ochan injured</u>						
12:25 PM	400m Dash	Patrick L.	<u>DNQ</u>	Andrew L.	<u>DNQ</u>				
12:55 PM	300IH	James L.	<u>DNQ</u>	Hashim G.	<u>DNQ</u>	Damon K.	<u>DNQ</u>		
1:25 PM	Medley Relay		<u> </u>		<u> </u>		<u> </u>		<u> </u>
	TOTAL TIME		<u>DNQ</u>			TBD: Brian G, Eli S, Zach M, Brett M, Alex H, Patrick L.			
2:00 PM	200m Dash	Eli S.	<u>23.5 8th</u>	KJ G.	<u>DNQ</u>				
2:40 PM	4x400 Relay	Godi	<u>51.6</u>	Patrick L.	<u>51.7</u>	Zach M.	<u>53.1</u>	Brian G.	<u>51.6</u>
	TOTAL TIME		<u>3:28.0 4th</u>						

MEET INFORMATION

The first day of the meet is in Brandon. **YOU ARE REQUIRED TO RIDE THE BUS OVER.** We will load the bus at 9:30 am and depart at 9:45. Do not be late. Day two is at Howard Wood. Please be at the stadium **NO LATER THAN 2 HOURS PRIOR TO YOUR EVENT.** Good Luck and Compete! Scoring is 10 8 6 5 4 3 2 1. Compete for placing and/or to get to day 2.

2010 SOUTH DAKOTA STATE MEET - GIRLS

FRIDAY MAY 28th @ BRANDON, AND SATURDAY MAY 29th @ HOWARD WOOD

FIELD EVENTS

76 pts 3rd Place at State !!!!!!!

FRIDAY

12:30 PM	HIGH JUMP	Carley H. <u>5' 0" 2nd</u>	Abbie H. <u>5' 0" 4th</u>	Mary W. <u>5' 6" 1st</u> (gold Medal)
4:00 PM	TRIPLE JUMP	Mary W. <u>36' 7.5" 4th</u>	Meghan L. <u>37' 9" 2nd</u>	Allie L. <u>37' 9.5" 1st</u> (gold Medal)

SATURDAY

9:00 AM	POLE VAULT	Abbie H. <u>NH</u>		
11:30 AM	LONG JUMP	Meghan L. <u>17' 1.5" 7th</u>	Mary W. <u>16' 11.5" 8th</u>	Allie L. <u>16' 3.5"</u>

RUNNING EVENTS

FRIDAY

11:30 PM	4x800m RELAY	Emily H. <u>2:25.1</u>	Carley H. <u>2:29.8</u>	Serina R. <u>2:29.1</u>	Laura R. <u>2:30.4</u>
TOTAL TIME		<u>9:54.2 6th</u>			
11:50 AM	100m Dash (Pre)	Caiti S. <u>12.9</u>	Kirsten N. <u>13.7</u>	Ravan K. <u>13.0</u>	
12:30 PM	4x200m Relay(Pre)	Caiti S. <u>26.3</u>	Ravan K. <u>26.6</u>	Lynn U. <u>26.5</u>	Karmen N. <u>25.9</u>
TOTAL TIME		<u>1:45.5</u>			

BREAK

2:30 PM	4x100 Relay (Pre)	Caiti S. _____	Ravan K. _____	Lynn U. _____	Karmen N. _____
TOTAL TIME		<u>50.1</u>			
2:50 PM	400m Dash (Pre)	Katie B. <u>63.9</u>			
3:15 PM	300 LH (Pre)	Jaimie E. <u>50.7</u>	Sydney B. <u>49.3</u>		
3:45 PM	Medley Relay (Pre)	Lynn U. <u>26.5</u>	Liz M. <u>27.5</u>	Saprina R. <u>63.1</u>	Emily H. <u>2:25.6</u>
TOTAL TIME		<u>4:22.7</u>			
4:15 PM	800m RUN	Nicole V. <u>2:33.8</u>			
4:35 PM	200m Dash (Pre)	Caiti S. <u>26.2</u>	Karmen N. <u>26.8</u>	Kirsten N. <u>27.9</u>	
5:05 PM	3200m Run	Carly H. <u>12:51.9</u>			
5:40 PM	4x400 Relay (Pre)	Emily H. <u>64.0</u>	Liz M. <u>63.0</u>	Saprina R. <u>63.1</u>	Kelli A. <u>62.7</u>
TOTAL TIME		<u>4:12.9</u>			

SATURDAY - ALL FINALS

10:00 AM	100m Dash	Caiti S. <u>12.4 6th</u>	Kirsten N. <u>DNQ</u>	Ravan K. <u>DNQ</u>	
10:30 AM	4x200 Relay	Caiti S. <u>26.1</u>	Ravan K. <u>26.2</u>	Lynn U. <u>26.2</u>	Karmen N. <u>25.9</u>
TOTAL TIME		<u>1:44.2 2nd</u>			
11:00 AM	1600m RUN	Carley H. <u>5:43.9</u>			
11:45 AM	4x100 Relay	Caiti S. _____	Ravan K. _____	Lynn U. _____	Karmen N. _____
TOTAL TIME		<u>50.0 5th</u>			
12:10 PM	400m Dash	Katie B. <u>DNQ</u>			
12:40 PM	300IH	Jaimie E. <u>DNQ</u>	Sydney B. <u>DNQ</u>		
1:10 PM	Medley Relay	Lynn U. <u>26.4</u>	Liz M. <u>26.3</u>	Saprina R. <u>62.8</u>	Emily H. <u>2:27.9</u>
TOTAL TIME		<u>4:24.1 7th</u>			
1:45 PM	200m Dash	Caiti S. <u>26.8 4th</u>	Karmen N. <u>DNQ</u>	Kirsten N. <u>DNQ</u>	
2:25 PM	4x400 Relay	Meghan L. <u>61.0</u>	Liz M. <u>62.3</u>	Saprina R. <u>62.5</u>	Kelli A. <u>62.6</u>
TOTAL TIME		<u>4:08.5 7th</u>			

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