

<b>Top 10 times- Thru State Meet (** = F.A.T time adjusted to Hand Held subtract .24- round up)</b> <b>Lincoln High Girls Sprinters- 2010 track season</b>
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**100 meters**

C. Slattery	12.4
Ka Nyberg	12.8
L. Ungang	12.9
L. Magnuson	13.0
R. Kott	13.1
A. Elshami	13.1
Ki Nyberg	13.1
M. Lambert	13.3
A Lahren	13.4
M. Wirth	13.5

**200m /open**

C. Slattery	25.9
Ka. Nyberg	26.6
L. Ungang	27.0
R. Kott	27.0
Ki. Nyberg	27.6
S. Ruppert	27.7
K. Anderson	28.0
K. Barkley	28.1
L. Magnuson	28.1
Wirth/Elshami	28.4

**400m/open**

L. Magnuson	62.4
K. Barkley	63.9
S. Ruppert	64
A. Elshami	64.5
K Anderson **	65.1
C. Thaermert	65.5
E Maresh	66.5
E. Hannemann **	66.6
S. Bartels **	66.7
J. Rickenbach	67.4

**4x100 relay**

Slattery- Kott **	50
Ungang- KaNyberg	
Slattery-Ungang **	51.1
Magnuson-KaNyberg	
Slattery-Kott	51.6
Ungang-Wirth	
Slattery-Kott	52.2
Magnuson-KaNyberg	
Lambert- Wirth **	53.1
Ki Nybert-Ka Nyberg	

**4x200 relay**

Slattery- Kott **	01:44.2
Ungang- KaNyberg	
Slattery-Magnuson **	01:46.4
Ungang-KaNyberg	
Ungang- Kott	01:47.4
KiNyberg-Magnuson	
Slattery-Magnuson	01:47.6
Ungang-Kott	
Slattery-Magnuson	01:48.3
Kott-KaNyberg	

**Medley R**

Ungang-Magnuson **	04:24.1
Ruppert-Hannemann	
Kott- Ungang **	04:26.3
Ruppert-Hanneman	
Slattery-KaNyberg **	04:28.3
Ruppert-Hanneman	
Kott-Ki Nyberg	04:31.7
Ruppert-Hanneman	
Kott-Hanneman	04:38.3
Andersn-Rasmussn	

**4x400 relay**

Magnuson-Lambert **	04:08.5
Ruppert-Anderson	
Magnuson-Lambert**	04:12.0
Hanneman-Ruppert	
Ruppert-Lambert **	04:12.3
Kott-Anderson	
Magnuson-Lambert	04:12.6
Hanneman-Anderson	
Magnuson-Ruppert *	04:12.9
Hannemann-Andrson	

**200m/split**

R. Kott	25.9
Ka Nyberg	25.9
L. Ungang	26
L Magnuson	26.1
C Slattery	26.1
K. Anderson	27.7
L. Palmer	27.8
Ki Nyberg	27.9
A. Elshami	27.9
S. Bartels	28.2

**400m/split**

M. Lambert	61
L. Magnuson	61.9
C. Slattery	62.3
S Ruppert	62.5
K. Anderson	62.6
E. Hannemann	63.3
R. Kott	64
L. Ungang	64.8
K. Barkley	65.9
S. Bartels	66.6